



Cheyenne Regional Medical Center

214 East 23rd Street • Cheyenne, WY • 82009
(307) 634-2273 • www.crmcwy.org

FOR FURTHER INFORMATION:

Contact: Kathy Baker, Public Relations

Phone: (307) 633-7461

Pager: (307) 771-8506

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Cheyenne Regional Medical Center Lifts Flu-Related Visitor Restrictions

Cheyenne, WY – Cheyenne Regional Medical Center has lifted flu-related restrictions on visitors 12 years of age and younger.

“The H1N1 flu outbreak in this region has declined in the past month so we are now allowing children 12 and younger to visit many of our inpatient areas,” said Stacy Farman, Infection Preventionist at Cheyenne Regional.

Flu-related restrictions for children 12 and younger were instituted at Cheyenne Regional in September to prevent the spread of the H1N1 flu. Children in the 12 and under age group are among those most at-risk to carry and transmit the H1N1 flu.

General visiting restrictions in place before the outbreak of H1N1 flu will continue. These restrictions are considered best medical practices and have been put in place to protect both the patient and visitors:

Intensive Care Unit

- No children under 12
- Only 2 family members are allowed to visit a patient at a time
- No visitors after 10 p.m. or overnight stays
- No live flowers

Mother/Baby

- Maximum of 3 visitors at a time: One person wearing an Infant ID bracelet (banded) plus 2 additional visitors
- Siblings allowed but must be accompanied by an adult wearing an Infant ID bracelet
- No children under 14 unless they are siblings
- No visitors after 10 p.m. unless they are wearing an Infant ID bracelet

Nursery

- Maximum of 2 visitors at a time: One adult wearing an Infant ID bracelet plus one additional visitor
- Every visitor must wash hands and wear a gown upon entering the nursery

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Pediatric Unit

- Only primary caregivers allowed to visit children with a contagious illness
- All non-contagious patients can have a maximum of 3 visitors at a time: One person wearing an Infant ID bracelet (banded) plus 2 additional visitors
- No children under 14 unless they are siblings (and only if the patient does not have a contagious illness)

All Inpatient Units

- No visitors after 10 p.m.

Outpatient Clinics

- One adult can accompany the patient
- No children under 12 (unless the child is the patient)

Visitors who have flu-like symptoms are asked not to come to the hospital unless they are seeking treatment. Flu-like symptoms include fever, cough, sore throat, runny or stuffy nose, body/muscle aches, chills, nausea or vomiting.

Flu-related restrictions have been lifted recently by several large hospital systems along the Front Range of Colorado.

About Cheyenne Regional

Cheyenne Regional is a 221-bed premier regional healthcare system that prides itself on delivering the highest standard of quality care to meet the region's growing healthcare needs. Our highly trained physicians and employees, state-of-the-art facilities and advanced technologies ensure our patients will receive exceptional care close to home.

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